

### SDG 3 - Good Health and Well Being

#### Rekhi Centre of Excellence for the Science of Happiness

Rekhi Foundation is a Non-Profit Trust founded in the year 2016 in California, USA. Shri. Satinder Rekhi and Harpreet Rekhi are the trustees of the foundation which aims to work towards helping girls/women, especially from less privileged background in pursuing their dreams. Rekhi Foundation has conducted a number of workshops and sessions on various topics under the realm of Science of Happiness in India and abroad.

**Indira Gandhi Delhi Technical University for Women** has recently signed an MoU with '**Rekhi Foundation for Happiness**' to establish a centre of excellence for the 'Science of Happiness'.

**IGDTUW Anveshan Foundation**, an incubation center of the university has conducted a 30 hours course on '**Science and Practice of Happiness**' in Association with '**Rekhi Foundation for Happiness**' for the students, scholars and incubatees of the university. The course is absolutely free of cost and is to be considered as one of the GECs for the students of IGDTUW.



